



CHRIST
SCHOOL ICSE
Christ School Road, Dharmaram College Post, Bengaluru - 560 029

EXCELSIOR

Ever upward and still higher...

The Monthly Newsletter

Vol-XII : Issue -V
October - 2022



From the Principal's Desk

Rev. Fr. Nilson Davis CMI

Dear Christites,

Christmas is at the door and let me remind you the words, "Be kind and compassionate to one another, forgiving each other, just as Jesus forgave you".

Humanity cannot survive without compassion. Our ability to sense the suffering of others gives rise to an impulse to alleviate their suffering which in turn gives rise to altruistic acts. Altruism is indeed a personal value that arises from genuine concern for other people's well-being.

Let me recount the story of a young boy which would make us believe in angels amidst humans. The incident goes like this. A young boy happened to witness a girl drowning in a deep pool and crying for help. Though he had no formal training, the little boy did not hesitate to dive into the pool while the onlookers chose to stand and watch. After a great struggle, he managed to bring the girl to safety. His brave and selfless act led him being felicitated with National Bravery Award. What the boy had shown, helping someone despite personal costs or risks, is altruistic because he saved the girl putting his own life in danger. In essence, altruistic behavior prioritizes the welfare of others which is unconditional. If you are altruistic, you do things out of kindness and a sincere desire to help and not because you feel obligated.

By showing compassion a person not only helps the other person but in essence helps themselves as well. The reason behind this is that everything we do in life is linked through a cause-and-effect system. By doing good to others, we receive positivity and contentment. We receive peace, unlike anything we could have achieved if we only did things for ourselves. Because self-actualization is a necessity in our lives we can't live without.

We must recognize that all of us have the power to help others. One of the most effective ways is spreading our light through the selfless act of kindness and share the humanity with others. We must treat each person in need as we ourselves would want to be treated which would definitely have great impact on us and on others. We bring great love into the world when we shine our light and be a rainbow in someone's cloud.



Vice Principal's Message

We rise by lifting others

Altruism is defined as a desire to serve others, improve society, help the less fortunate, and make the world a better place to live. When we help others, our life starts to have meaning and purpose. Real joy comes not from material possessions but from people. When we give our hearts in kindness and love, we get the riches of the universe, and the greatest of these is happiness.

When we're generous with others, we feel abundant; our life feels fertile and rich with possibility. Remember, leadership is all about people

inspiring people to believe in the impossible, to believe in themselves, and to become the very best version of themselves.

When our leadership is all about service to others, we automatically become someone of value, and as a result, the fruits of generosity rub off as an abundance mind-set and support us to be wealthier in all areas of your life.

Everyday life is filled with small acts of altruism, from holding the door for strangers to giving money to people in need. Altruistic people focus on others and have generous towards the wellbeing of others. Altruism is a value that must be nurtured for greater human happiness, harmony and brotherhood.

Be altruistic, Cultivate compassion, Spread Happiness

Fr. Martin Onasseril CMI

Financial Administrator's Message

ALTRUISM

My Dear Christites,

Altruism is a virtue of the kind and the brave. The world is filled with people bearing severity of emotions and ignorance towards the holy acceptance which in turn makes them behave in contrast to the humane nature one should possess. Just as a drop of rain satiates a dry land similarly, an altruistic person emanates his goodness among his compatriots thus being a blessing on the others.

You, the Christites, are the light of the world and your goodness, selfless endeavours and deep love towards everyone should always etch a deep and long lasting impression in the hearts of the mankind. Your actions should always mean to heal and uplift others. Always be altruistic in your actions and continue to spread happiness, love and compassion among all.

Fr. Reji Koodappattu CMI



Dear Christites,

“How can we expect our children to know and experience the joy of giving unless we teach them that the greater pleasure in life lies in the art of giving rather than receiving?”

What marvellous words by the famous American businessman and entrepreneur James Cash Penney. Growing up, we always heard from our elders that there is a greater happiness and satisfaction involved in giving than receiving. Well... what exactly did our parents and elders want us to understand when they said this? It is very simple. The act of giving is pleasurable. Helping others might just be the secret to living a life that is not only happier but also healthier. You don't have to be super rich to be a giver. The amount you are now spending in ordering something from an online app may equal to 10 packets of bread which will benefit some needy person. Our life is meaningful when our heart grows big enough to give all that we have for the betterment of the people around us. It involves acting out of concern for the well-being of other people.

Helping others is the source of happiness. Thousands of candles can be lighted from a single candle, and the life of the candle will not be shortened. Happiness never decreases by being shared. Mother Teresa once said, “If you can't feed hundred, just feed one. Spread love everywhere. Let no one ever come to you without leaving happier. Kind words can be short and easy to speak, but their echo is truly endless.” The secret of true happiness lies in giving and sharing more than in receiving and taking. The gift of joy will come to you when you give of yourself to others.

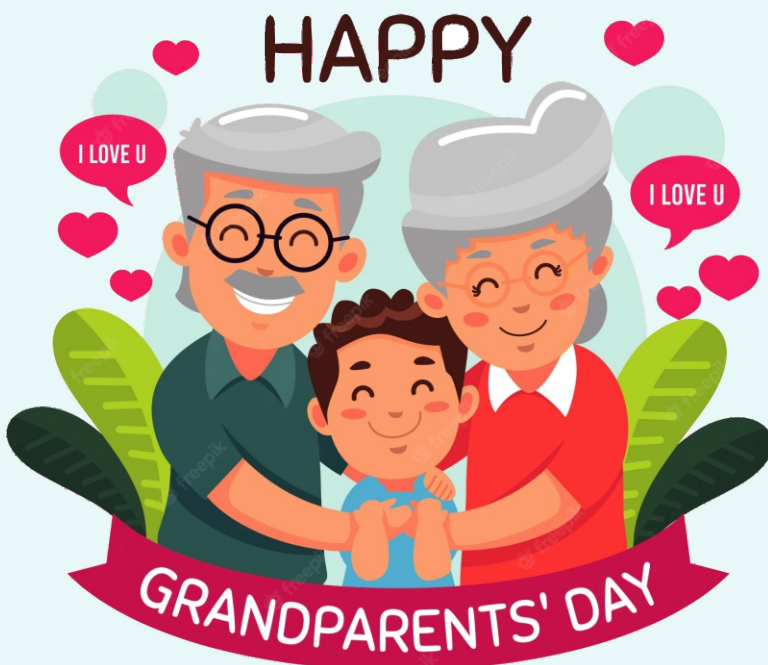
The Collins dictionary defines an Altruistic person as someone who is selfless. You approve of them because they care about other people more than themselves. Try and take care of someone else. Be there for someone else. A happy life is about giving more than you take. Never force yourself into giving. For instance, when friends ask us to donate to their fund-raises, it is observed that people are more likely to give to avoid humiliation rather than out of generosity and concern. Never shy away from giving. Always remember that when a person gives something, it definitely comes back to them in some other form. Let us join our hands and take pledge to help our society in every possible way and teach our children to bring smile on the faces of others. That's what life is all about. Let's practice and commit our lives in giving and sharing

happiness to others. So, let's try our best to be the reason for somebody's happiness.



Ms Mini Manuel
Editorial Board

GRANDPARENTS DAY



OCTOBER AT A GLANCE

- SCIENCE EXHIBITION
- EDUCATIONAL TRIP
- DIWALI CELEBRATION
- GRANDPARENTS DAY
- SPORTS DAY

A salute to our Roots

Grandparents are a family's greatest treasure, the founders of a loving legacy, the greatest storytellers, the keepers of traditions. Grandparents are a family's strong foundation. Their special love and care, holds the family together.

To honour their unconditional love, we celebrated Grandparents Day on the virtual platform for Class 1 on 25th October by sending a YouTube link consisting of a short video expressing a warm welcome and gratitude towards them.

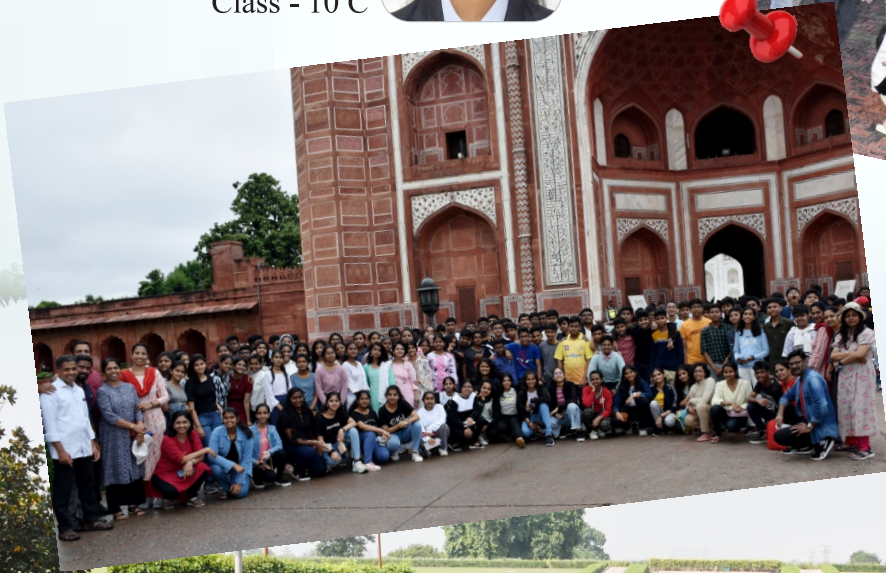


Ms Sonia Gaba
Class 1 Animator

CLASS 10 EDUCATIONAL TRIP

“Travel is not reward for working, it’s education for living”- Anthony Bourdain.
From October 3rd to October 8th, 2022, the students of class 10 were on an educational trip to Delhi, Agra, and Amritsar. There were two batches of students. The first batch of students assembled in school at 10:30 p.m., and the second batch gathered at 3:30 a.m. We reached Delhi by flight and spent our days there by visiting places like Qutub Minar, Rashtrapati Bhavan, Parliament House, India Gate, Raj Ghat, Red Fort, Sarojini Nagar Market, and Lotus temple. We then journeyed to Amritsar by bus, almost 10 hours of travel. In Amritsar, we saw the Jallianwala Bagh, Golden Temple, and Wagah Border. We then left for Agra. We were lucky to explore the Agra Fort and the Taj Mahal at Agra. Then, we moved to the Indira Gandhi International Airport in Delhi by bus and boarded the flight to Bangalore. We reached school early in the morning and left for home with our parents. We made happy memories and shared them with our family.

Vinu Shreshta Ganesan
Class - 10 C



CLASS 9 EDUCATIONAL TRIP

On 21st October, I was fortunate to have the opportunity to go on one of the most exciting excursions with plenty of knowledge gained through it all. With the fun train ride of dumb charades and the enthusiastic bus rides with uno, it is fair to say we had an enjoyable trip.

Along with this excursion being fun-filled, it was a wonderful way to learn the history of one of the most ancient cities in India, Hyderabad. We had a great start with the biggest one-man collection of antiques, the Salarjung Museum. After the most pioneering Golconda fort, and amusing NTR gardens, we returned to our luxurious hotel room, the Western Ashoka. The next bright day we first visited the remarkable Chowmahalla Palace, then we arrived at the inspiring Charminar which was filled with stories and an abundant market where all of us bought a gift or two for our family back home. Later we arrived at Hussain Sagar Lake with the breathtaking Buddha Purnima Complex and the beautiful sunset. We returned to our hotels for the best DJ night one could imagine with the lights and the music, it was a night none of us could forget.

On the last day, we arrived at Ramoji Film City, the well-built sets, bird park and stunt show, it was immaculate. As heartbreaking as it was to come back home on 25th morning, after all the fun we had, this was just the beginning of our next year's trip to Delhi. I have the deepest gratitude to our Principal, Rev. Fr. Nilson Davis Palisery CMI, Our Vice Principal Rev. Fr. Martin Onasseril CMI, our finance Administrator, Rev. Fr. Reji Koodappattu CMI, the director of Christ special school Rev. Fr. Fenil CMI, the three coordinators, Sr. Meena Kottakkal, Ms Treesa Jumon and Hs. Heartlin Sheela, our animator Ms. Indrani Bose and the 6 class teachers for organizing and managing the 9th standard excursion to be a successful one. Finally, I would like to thank the 86 students accompanying the excursion to make it the most unforgettable and cherishable one.



Bhanu. M. Yadav
Class - 9 D



CREADORA 3.0

The Annual Science Exhibition - '22

There is no end to education. The real aim of education does not confine to text book learning but includes various activities performed by the little hands and inquisitive minds will make it definitely valuable in the life of the child and prosperity of the nation”.

The Annual Science Exhibition, CREADORA 3.0 in the most general sense, is an organized presentation and display of a group of exhibits. The main purpose of CREADORA 3.0 is igniting the imagination of each student beyond their intellect...

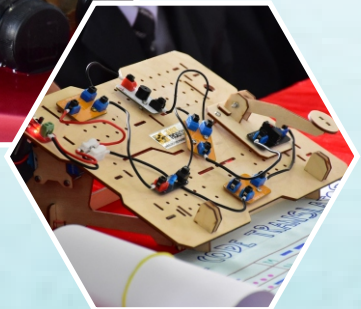
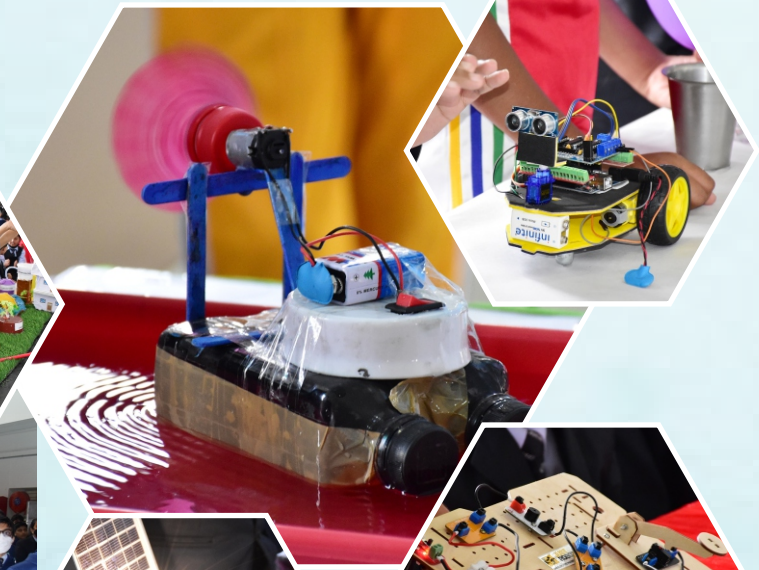
CREADORA 3.0 was held on November 19 arranged by the Science club and was inaugurated by Dr. Shivarama Varambally, the Head of Department of Integrative Medicine, NIMHANS.

There were about 250 students from classes 1 to 10, who ignited their imagination and showcased their scientific talents as innovative exhibits. CREADORA 3.0 was also attracted by interesting Robotics show and intellectual game show conducted by the Science club members.

Under the inspirational guidance and motivation of Rev. Fr. Principal and the co-ordination & co-operation of the co-ordinators and all the members of Science, Physics, Chemistry and Biology department and the participation of the students the event became a grand success.

Ms Anitha Joseph





SPORTS DAY- Chrispo 2022.

The sports day of our school was held for two days, 28th and 29th of October, 2022. We had an honorable chief guest who was an Indian football player Mr. Andrew Louis along with our beloved principal Rev. Fr. Nilson Davis CMI, vice principal Rev. Fr. Martin Onasseril CMI, financial administrator Rev. Fr. Reji Koodappattu and the school Coordinators and the PT teachers. The sports day began with the march-past of the cabinets along with the houses of our school namely Red, Green, Yellow and Blue. The march-past was so energy filled with the loud commands given by our school sports captain Purujith H Das K who lead the whole march-past. There were many sports events like running race, relay, tug of war, short put, long jump and many more. I was personally interested in Short Put and tug of war. There were some games conducted for parents like lemon and race etc., and there were even food stalls which had amazing delicious food. Then finally the sports day came to an end by giving off the prizes to the winners. The event was wonderfully organized. We could see the beautiful closing ceremony march-past with the same energy and the Sports flag closing ceremony which was done by the four NCC cadets and the sports captains. Sports help in personality development and enhance sportsmanship spirit. Young people can have a bright career in sports field too. A good sports person will definitely lead his life with a positive attitude. Participation in sports is helpful for everyone. We must regularly take part in at least one sport to stay fit and fine. I would like to thank our beloved principal for giving us this wonderful opportunity.



Purujith H Das K
Class - 9 F
Sports captain



Winners



Runners

Glimpse of Sports Day





Christ Social Service Association had organised a fund raising event on 28th and 29th October on the sports day. We thank all of you and your loving parents for the wholehearted support. This is considered a great act of generosity. The funds collected will be used for helping the well deserved poor and needy class of the society.

Ms Jincy Ouseph



DIWALI

The various shades of the festival of lights

Diwali is also known as 'Deepavali', which literally means rows (avali) of lights (deeps) in Sanskrit. Diwali is the festival of lights - the festival of joy, prosperity, knowledge, and wisdom, as light represents many things.

Diwali symbolises the spiritual victory of light over darkness, good over evil and knowledge over ignorance.

Christ School ICSE celebrated Diwali on 25th October. The festival was celebrated with the staff and students, starting with lighting of diyas and lamps, prayer song, dance, bursting of fire crackers and not to mention sweets. A beautiful rangoli was drawn symbolising a festive of not only lights but also colours, further beautifying the aroma of Diwali.

The staff and students were dressed in ethnic wears. The festive commenced with the welcoming of our Principal Rev. Fr. Nilson Davis CMI, coordinators, staff and students. It was followed by lighting of the lamp by Rev. Fr. Nilson Davis CMI, coordinators, staff and students. To enlighten the ambience, prayer song was sung and an applauding performance of students and teachers was given.

The importance of Diwali was engraved into the souls of all, through the beautiful speech by the student of class 10. To mention the words of wisdom, Rev. Fr. Nilson Davis CMI addressed the gathering, conveying the wishes and enlightening the deep meaning of lights, wisdom and duties of us as human-beings.

As the celebration came to ring down the curtain, we learnt the elucidation of how good can triumph over evil and how we can brighten our lives and other lives just like the festive of lights-Diwali. In the words of Buddha-

“Appo Deepo Bhavah”. Lord Buddha says that one should not think that one has really celebrated Diwali simply by lighting oil lamps in the house. The real essence is that you too should shine with the radiance of knowledge, so that you can illumine the path of many others in life.

Ms. Sangmo Lama
Department of History



ACHIEVEMENT

I started learning chess just as a hobby, but it gave me an opportunity to participate in the nationals. After I got selected for the CISCE National Chess Tournament, I was very excited and eager to participate in it. I started my preparations two months in prior and spent more time on practicing chess. As the flight tickets were quite expensive, my parents were in dilemma, whether to take me or not. But later they decided to take me. We booked our flight tickets and hotel well in advance. Karnataka chess coach, Somnath sir, conducted several meetings for all the Karnataka players and also conducted online tournaments.

The CISCE National Chess Tournament was held from 28th October to 30th October at Sri Guru Harkrishan Public School, Amritsar, Punjab. Total 13 regions participated in the tournament. I participated in U-14 Girls category, which had 55+ participants. Each player had to play a total of 8 matches. At the end of the 8th round, our Karnataka team had a total of 23 points and we got the second prize. I had a wonderful experience of playing a national level tournament. I thank Rev. Fr. Nilson Davis CMI, Christ School ICSE and CISCE council for giving me this wonderful opportunity.

Gaana Muraleedhara
Class - 8F



Naidhruva patel of class 7E has won "GOLD MEDAL" in State Fencing championship 2022 under 14 boy's category.

Hearty congratulations

Smart Class Award for the Month of October



Class : I B
Class Teacher:
Ms. Leah Francis

Class Leaders:
Aaradhya
Salvin Varghese



Class : II H
Class Teacher:
Ms. Mary Catherine

Class Leaders:
Joshua Deteesh &
Christina Joseph



Class : III H
Class Teacher:
Ms. Jyothi

Class Leaders:
Punarvi Nag
Challa Gurudutt



Class : IV E
Class Teacher:
Ms. Deepa Dev

Class Leaders:
Andrew Kevin
Rehana Benazir



Class : V A
Class Teacher:
Ms. Harini V

Class Leaders:
Harishwaran
Inayah



Class : VI F
Class Teacher:
Mr. Neenu Joseph

Class Leaders:
Harshith Kiran Nayak
Aaina Sharleez Khan



Class : VII B
Teacher:
Ms. Alka Ujjwal

Class Leaders:
Madhav Kankani
Tanishka Saraff



Class : VIII A
Class Teacher:
Ms. Smitha Francis

Class Leaders:
Abel Jose Thomas
Irene Cyriac



Class : IX C
Class Teacher:
Ms. Beena Koshy

Class Leaders:
Rithvik Reddy
Yogeetha Sri



Class : X A
Class Teacher:
Ms. Anitha Joseph

Class Leaders:
Ivan Sijo Chalakkal
Aastha Sharma



Leema Rosy

A simple person who is always loving and caring Dedicated in every little thing that I do. I would always like to be away from limelight.

My educational background:
BA. B.Ed.

***My birth date:** 20th August

***Zodiac:** Leo

***My hobbies:** Drawing and listening to music

***Favourite colour:** pink

***Favourite movie:** The life of Pi

***Quality I admire about myself:** Dedication

***Favourite food:** Sea food and Fish

***Ambition as a kid:** To be a doctor

***Favourite book:** Gulliver's Travels

***Dream destination:** France

***Favourite subject as a student:** Science

***Favourite quote/Motto in life:** Train your mind to see the good in every situation.

Agnesia Kujur

I studied in government school in hindi medium. I completed my Bachelor of degree (B'Ed) from Christ University Bangalore Karnataka. My father's name is Mr. Thomas Kujur I have one younger brother and three sisters. I like watching sports, and my favourite game is kabaddi. I was an international athlete.

My educational background:
MA. B.Ed.

***My birth date:** 16th June

***Zodiac:** Nil

***My hobbies:** Cooking and sports

***Favourite colour:** Pink

***Favourite movie:** Gita Rani

***Quality I admire about myself:** availability for others

***Favourite food:** Dal chawal

***Ambition as a kid:** to become pilot

***Favourite book:** Saints book

***Dream destination:** New Zealand

***Favourite subject as a student:** Maths

***Favourite quote/Motto in life:** Nothing is impossible with the
help of Jesus

Divya Chacko. C

I am a person who believes in integrity.

My educational background:
MCA, MBA, B.Ed.

***My birth date:** 21st May

***Zodiac:** Taurus

***My hobbies:** Travelling, listening to music

***Favourite colour:** Violet

***Favourite movie:** Kuch Kuch Hota Hai

***Quality I admire about myself:** Playful and humorous

***Favourite food:** Chicken Biryani

***Ambition as a kid:** To become a doctor

***Favourite book:** Buried thoughts

***Dream destination:** Switzerland

***Favourite subject as a student:** Biology

***Favourite quote/Motto in life:** I am a person believes in integrity

Riddle

RIDDLE FOR THE MONTH OF NOVEMBER

Answer the Riddle within the next 24 hours and WIN an E-certificate from the Excelsior team!

Vinod had twenty-one hens, all but eleven died, how many hens is Vinod left with?

To enter for a chance to win:

- ✓ Answer the riddle correctly and send it at the earliest.
- ✓ You can send your answer by tomorrow - 7th December, 2022 by 4:30 p.m.
- ✓ The first 10 correct answer shall be awarded with the E-certificates.
- ✓ Your time starts from today (06.12.22) at 4:30 p.m. and ends by tomorrow (07.12.22) at 4:30 p.m. Late answers will not be entertained.
- ✓ Mail your answers to:

christnewsletter2015@gmail.com

- ✓ Mention your NAME, CLASS, SECTION. Attach your photograph in school uniform.

RIDDLE WINNERS - SEPTEMBER



B Siddharth Lingappa (1E)



Adhavan A S (1F)



Jovin Jipson (1G)



Sera Sijo Cheenikkal (2A)



Ryan Sijo Cheenikkal (3G)



Mohammed Shayaan (3D)



Nehanth Varshil M (4B)



Johan P Jipson (5C)



Hanshith Varshil M (6A)



Varshini M_8E